



Welcome to the 2023 Lyme Ski & Ride Winter Season!

Please register your child for one of our three wonderful Thursday afternoon programs – Snowboarding, Alpine or Cross-Country skiing.

This year's program will run for 6 weeks, starting on January 5th, 2023 for 6 consecutive Thursdays.

Covid Protocols: At this time there are no restrictions, the lodge will be open for the students to buy snacks and to go inside to warm up or take a break!

What to Expect:

Students enrolled in the Alpine or Snowboard program will change at the school into their snow gear for the slopes or the XC trails, they will be released from the Lyme School at approximately 1:30 pm to be transported by bus to the Dartmouth Skiway. All Students in grades K-6 will be assigned an appropriate group and instructor considering age and ability. Students in grades 7 and 8 have the option of signing up for transportation-only, to ski or snowboard at their own risk (appropriate fee discount will be applied) or if needed can ski with a coach for the regular registration fee.

All Students are required to wear a helmet. All Skiway participants will need to have their Lyme Child ski pass in order to ride either of the chair lifts. If you haven't gotten this yet go to the skiway site and register there and over the holiday break take a ride up to the skiway and get your pass. If only in the beginner area no pass is required. It can be very cold so please remember gloves/mittens, goggles, as well as neck and face protection. We suggest students be dressed in appropriate layers so they can adjust their clothing to the temperature of the day. The students will put their backpacks under the lodge porch and find their assigned instructor before grabbing their ski equipment on the way to the lifts with their coach - this will happen on the plaza in front of the lodge.

Skis, poles and snowboards are **not** transported with the students at 1:30 pm. Equipment properly prepared (poles attached to bound skis - so they do not get separated) are dropped off at the horse sheds, by the Congregational Church, by 10 am and will be transported to the Skiway by a volunteer. Equipment may also be dropped off at the Skiway prior to each session. Note: seasonal rentals are available through the Skiway rental department. If required, please make your plans early as renting on the first day causes confusion and delays. Please let the rental shop know if needed for the Lyme Ski Program and the skis/boots/poles will be ready when they arrive on the bus inside the rental shop.

Students should bring a snack or money to purchase something to eat during a lodge break. It is often very cold and lots of energy is expended on the hill skiing /riding and keeping warm.



Parents are responsible for student pick-up no later than 4:15 pm. All group instructors are required to check their students in with the “Lodge Parent” at the end of the session. **Parents must come upstairs in the lodge to the Lyme Ski Program table to check-out their students with the “Lodge Parent” before departing. Remember to check in with the Lodge Parent so that we know everyone is accounted for - this does not apply to the transportation only students in grades 7 & 8.**

XC

Students enrolled in Cross-Country will be released from the Lyme School at approximately 1:30 pm and typically meet behind the school. Should this change the X-C Commissioner will send out a notification in ample time for any arrangements that need to be made. They will bring their equipment to the school and store it on the covered porch.

The Lyme Ski program is labor intensive, we need lodge parents, coaches and helpers on the hill. Even if you can only help out a couple of days in any of those capacities, please volunteer and the commissioner will assign you only when you can be there.

Pictures: Often pictures are posted on the town website, if you wish to have your child's picture withheld from use on our website a written request must be received by the rec commission prior to the season starting.

Financial Aid: As for all of our programs financial aid is available to anyone in need - please check the box for it when you check out on the payment page and follow up with an email to myself - recreation@lymenh.gov - with a brief explanation for the need which is all I need to approve. This process is completely confidential and not shared with anyone or organization.

Think Snow!

Please note that all alpine skiers & riders will be required to wear a helmet and will not be allowed to participate without one.

Steve Small - Recreation Director
Korry Vargo - Alpine Co-Commissioner
Med Chandler - Alpine Co-Commissioner
Chelsea Newton - Alpine Co-Commissioner
Dan Friehofer - XC Commissioner