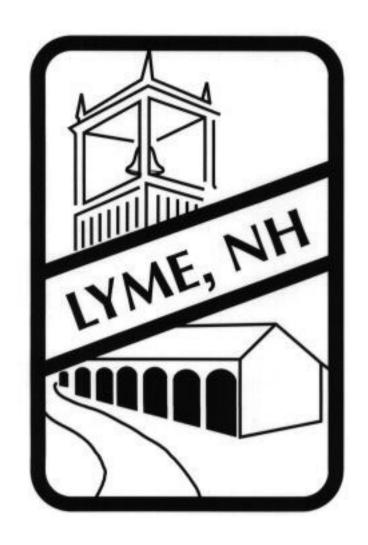
# **TOWN OF LYME**



# NARRATIVE REPORTS FOR TOWN DEPARTMENTS, BOARDS AND COMMITTEES 2008

# ASSESSING DEPARTMENT ANNUAL REPORT 2008

Data verification of all properties continued in 2008. Once every ten years I visit each property and verify all of the data on our assessment cards by measuring and inspecting all buildings. This ten year cycle is recommended by the International Association of Assessing Officials and strongly encouraged by the State of NH Assessing Standards Board to maintain accurate and equitable assessments. This project will be completed in 2009. We will send you a letter notifying you when I will be working in your neighborhood.

I will continue to monitor the real estate market and visit properties that transfer, to ensure that our assessments are accurate and equitable. In 2007 our level of assessment was 94%. I have recently completed the 2008 ratio study and submitted it to the Department of Revenue Administration. That study indicates that our level of assessment will not change from 2007. There have been so few sales since the end of September 2008 that it would be difficult to predict where the market is going. The majority of property owners who have their property on the market continue to list them for more than the assessed value. The average sale price of a home in Lyme in 2008 was \$430,000.

We continue to review our Current Use program documentation. Letters will be mailed in January to property owners who need to provide updated documentation for Tree Farm Certification and the Stewardship category.

I am in the Town Office the first Friday of most months, March through December. Should you have questions or concerns about your assessment, please phone the Town Office to schedule an appointment to meet with me.

Respectfully submitted, Diana Calder, Assessor



THE LYME INN UNDER CONSTRUCTION

(Photo: Staff)

#### LYME VOLUNTEER FIRE DEPARTMENT ANNUAL REPORT 2008

The Lyme Fire Department provides the Town of Lyme with fire protection and emergency response capabilities for other calls for assistance. The Fire Department is composed of over twenty-five members who respond when an emergency occurs. The Fire Department is equipped with four pieces of apparatus.

In the past year, the Fire Department responded to 88 calls for assistance and one ice storm. We responded to one structure fire in Lyme, 3 chimney fires, 14 fire alarm activations, 2 carbon monoxide alarms, 7 motor vehicle collisions, 2 vehicle fires, 2 illegal burns, 4 brush or grass fires, 1 smoke investigation, 4 flooded basements, 1 gasoline spill, 2 furnace problems, 3 calls to assist the FAST Squad, 2 electrical problems, 1 snowmobile accident, 19 trees into wires or wires down (these were secondary to last spring's wind storm when damaged trees kept falling), 1 electrical transformer explosion, and 12 service calls.

The Lyme Fire Department also responded mutual aid seven times in 2008: to Thetford 5 times, 1 structure fire and 4 for station coverage when they were at a fire; to Hanover once for trees and power lines down; and to Norwich once for station coverage.

Lyme also suffered a severe ice storm this early winter that resulted in areas of Town being without power for multiple days in freezing weather. The Town's Emergency Operation Center (EOC) was opened and Police, Fire, FAST Squad, and Highway personnel with Lyme's Emergency Management Director assessed the situation, developed and prioritized plans and then reevaluated progress throughout the day. We repeated this for the next week. Lyme opened our emergency shelter at the Lyme School and staffed it with volunteers and school employees. As time went on, the department members were working under the direction of the Lyme Emergency Management team in the Lyme EOC to survey power line damage, make a door-to-door assessment of needs and respond to individual calls for assistance as they came in. The Fire Department had teams that pumped basements and provided portable generators for areas of town without power during the aftermath of the storm.

The Town of Lyme's response and the level of preparedness were noted by the State of New Hampshire Bureau of Emergency Management, which congratulated the Town for its performance.

The department encourages all the households and businesses in Lyme to be prepared for power outages and other events that cause disruptions to our daily lives. We suggest having a generator for your house that has a proper and safe hook-up. If you have any questions regarding generators or other preparedness issues, please contact the fire department for assistance.

The department wants to recognize and thank the many citizens who generously offered their time, equipment, food and their understanding and support during the storm and after.

The department trained in overall fire-ground strategy and tactics, use of dry hydrants, providing sustained delivery of water for firefighting with area fire departments, drafting through ice, and other portable pump operations and basic firefighting evolutions.

The Fire Department has been working on the planned replacement vehicle for Lyme Engine 3. Engine 3 was purchased in 1984 and has suffered numerous mechanical failures over the past four years. It failed to pass an annual fire pump test this year and no additional monies are planned to be spent to try to keep it in service. The planned replacement apparatus will be based on a two-door commercial chassis with a fire pump and will carry 1,500 gallons of water and serve the town primarily as a tanker.

The department concentrated much of its efforts on the fire station. Improvements to windows, overhead doors, exterior doors, electrical panel upgrades and the installation of a generator make the building safer and a more efficient space. The department also applied for and received a grant for a base radio at the Lyme station that improves our ability to communicate with the dispatch center in Hanover but also allows the EOC to communicate during an emergency. In light of ever-increasing energy costs, the station needs some siding work and additional insulation in the near future. The station was built in 1973, is well located and sized and, with continued improvements, should serve the department and the Town for years to come.

Two dry hydrants were installed this year: one into a new cistern constructed at the Lyme Inn as part of their major renovation, and the other at fire pond on Preston Hill Road. These hydrants were funded with generous support from private individuals. The department plans on installing three more hydrants in 2009. We are working with property owners and the state on permitting these upcoming projects.

As energy costs escalated dramatically in 2008, many households turned to alternative sources of heat. New wood stoves and other appliances need to be installed and operated correctly to be safe and efficient. If you have any questions on the installation or operation of heating appliances, please contact the fire department for assistance.

The Fire Department received a very generous donation for the purpose of purchasing a thermal imaging camera. This camera allows firefighters to see through smoke or darkness to locate a victim of or identify the source of a fire. This technology will make a huge difference in our ability to safely and efficiently operate in a fire. This camera is also planned to be used to assist the Town of Lyme Energy Committee with assessing heat loss in buildings. The members of the department wish to thank Bayne and Jeanie Stevenson for this gift.

The Fire Department would also like to thank the generous people who have donated time and money to the fire department, in particular Terry Bowen and Lyme Electric. These gifts and others will be used for a variety of equipment, training, and supply needs.

The Fire Department would like to extend an invitation to any citizen who would be interested in joining the department.

Respectfully submitted, Michael C. Hinsley, Fire Chief Henry Flickinger, Deputy Fire Chief Tim Estes, Deputy Fire Chief

# CONVERSE FREE LIBRARY TRUSTEES ANNUAL REPORT 2008

It has been another active and productive year for Lyme's library. The Trustees are grateful for the dozens of outstanding volunteers who keep our library the vital, essential institution it is. Our exceptional staff of Betsy Eaton, Margaret Caffry, and Lois Winkler works tirelessly and enthusiastically for us all. The cooperative relationship with Jake Cooke, school library coordinator, continues to prosper and to benefit Lyme's students.

In 2008, the library lent over 29,000 books, audios, videos, and magazines, again outpacing numbers from prior years. Our Interlibrary Loan program continues to grow with 823 requests in and 631 loans out. Imagine, any book or other medium that exists in any New Hampshire library can be in your hands in a matter of days! The New Hampshire State Library makes a number of online databases available through our library's website, <a href="www.lymenhlibrary.org">www.lymenhlibrary.org</a>. Check it out, or visit the library for a pamphlet describing what's available.

We thank the Conservation Commission for their donation of map software and a color printer to the library. Patrons can use this program to zoom in on their property and see topography, wetlands, and even deeryards, and then print, in color, maps with the information of interest. We also received a generous donation from a Hanover family in memory of Vera Pushee, which was used to purchase books on gardening, crafts, and rural life.

The Friends of the Lyme Library continued their excellent work, including the always-successful book sale and many educational, entertaining programs for children and adults. This year's Trina Schart Hyman Memorial program was a daylong visit from renowned author and artist David Macaulay. Remember, coffee and tea are available free of charge in the Balch Room, courtesy of the Friends.

We were pleased to host programs with Lyme authors Walter Wetherell and Ed and Rebecca Gray. We continue to offer monthly technology workshops in conjunction with ValleyNet. Afterschool programs for elementary-school children consisted of crafts, movies, and book-related activities. We thank Toni Gildone for her creative input.

Improvements to the library this year included new lights over the stacks of adult nonfiction. They are brighter, energy-efficient, and make for more pleasant browsing. We continue to stay on top of all things computer-related, gradually upgrading all the units in the library. Our technology maven is Trustee Steve Campbell. We are deeply grateful for his countless volunteer hours of assistance and support. Come in with your laptop and get comfortable in the Balch Room while you do your work. We provide wireless Internet access.

A committee is meeting regularly to make plans for the soon-to-be-vacated downstairs space of the library building. We held open forums earlier this year to gather ideas from the public. By late 2009, we plan to have a "media-ready" meeting room available to the community as well as a new "Lyme Room," which will house historic documents, genealogical information and resources, and other materials specific to our wonderful town, including our many Lyme authors. The intention of the committee is to make minimal changes to the downstairs configuration at no

additional cost to the taxpayers. We are fortunate to have a fund of monies carried over from past building projects and plan to spend some of that, with town approval, as we make best use of the space for improved library service. Your input is always welcome and encouraged.

Finally, it is with sadness we marked the passing of a beloved longtime school and library volunteer, Norma Randall. Many of you remember her from her days cheerfully spent behind the circulation desk and in the school office, but few may realize that it was Norma who began the successful Blisters for Books fundraising program, which enlists the help of Lyme's schoolchildren in raising money to purchase materials for the collection. We felt a permanent memorial was in order and with the help of Jeff Valence and Frank Bowles, the school has installed beautiful bookshelves in the lobby area of the Lyme School. On the shelves there is a plaque that reads, "In memory and recognition of Norma Randall, for 35 years of inspiring an appreciation of literature within the students of Lyme and for her support of the library through volunteerism, fundraising and the love of reading."

We look forward to seeing you at the library!

Respectfully submitted, Judy Russell, Chair Converse Free Library Board of Trustees



MR. BARTLETT MAYO AT THE AGE OF 84 (Photo: Mrs. Herbert K. Davenport)

## POLICE DEPARTMENT ANNUAL REPORT 2008

Traffic enforcement continues to be one of our agency's regular focuses. "Routine" traffic stops can result in more significant discoveries, i.e. unlicensed/suspended drivers, impaired drivers, illegal firearms, drugs and fugitives. We take a proactive approach to enforcing motor vehicle laws because our efforts contribute to the improvement of traffic safety. In addition to addressing motorist, we continue to address pedestrian and bicycle safety issues. It is important that all parties using our roadways understand their responsibilities.

ID theft, credit card fraud and cases involving the issuing of bad checks, domestic violence, assault, theft, robbery and burglary require a significant level of documentation and consume a great deal of the investigator's time. We continue to strive to provide a level of service that meets the community's expectations and continues to provide a level of overall safety.

The following is a computation of the types of incidents, investigations, and activities, which were reported, investigated, or performed by the Lyme Police Department for the year 2008:

<b>Crimes Against Persons</b>			
Assault	1	Criminal Threatening	4
Fraud (including ID theft)	10	Violation of Protective Order	4
Sexual Assault	1	Armed Robbery	1
Endangering Welfare of Child	1		
<b>Crimes Against Property</b>			
Burglary/Attempt	1/1	Theft/Shoplifting	4
Credit Card Fraud	6		
Disturbances			
Domestic Disputes	17	Suspicious Person/Activity	45
Disorderly Conduct	5	Trespassing	1
Noise Complaint	5	Intoxicated Subject	3
Weapon Violation	4	Violation of Bail Conditions	4
Disobeying an Officer	1	Poss. of Controlled Substance	1
Motor Vehicle			
Improper Operation Complaints	36	Stranded Motorist	37
Parking Violations/Warnings	33	Road Hazards	26
Abandoned Motor Vehicles	1	Hit & Run	6
Driving Under Influence	1	Driving after Susp/Revocation	10
Operating w/out License	11	Unlawful Poss. Of Alcohol	15

**Animal Control: 37 calls** 

Stray Dog/Cat	19	Dog Bite	2
Dog Nuisance	5	Other	11

#### **Other Services / Miscellaneous Offenses**

Other Services / Miscelland	ous Offens	JCS .	
Mental Health Issues	6	Neighbor Dispute	5
Assistance to Citizens	27	Civil Problem	7
Fish & Game Violations	30	Suicidal Subject	2
Assist E 9-1-1	27	Vacant Residence	15
Lost/Found Property	14	Keep the Peace	7
MV Unlock	15	Fingerprinting	18
Assist Social Services	5	Illegal Dumping	13
Check the Well-being	21	Emergency Notification	1
Missing/Overdue Person	2	Juvenile Issues	10
Repossess MV	2	VIN # Inspection	18
Medical Call	89	Assist other Police Agency	5
Alarm Activation	51	Assist Other Town Dept	16
Paper Service	17	Assist Fire Department	45
Telephone Harassment	10	Directed Patrol	13
Poss. Of Controlled Drugs	2	Assist Public Gathering	6
Court Ordered Check-ins	50	<b>Emergency Operations Center Activation</b>	1

#### **Motor Vehicle Crashes:**

#### With Personal Injury – 1, Primary Cause:

Unreasonable Speed

#### With No Personal Injury –28, Primary Cause:

Unreasonable Speed 4
Inattention 2
Improper Equipment 1

Impact w/wildlife(deer) 13 Required Reports / 8 Operator statements-only

**Traffic Stops – 512** 

Warnings (Written/Verbal) 388 Citations-Arrests 124

**Cruiser Miles Traveled: 23,054** 

Submitted by: Chief Pauline Q. Field

# SELECT BOARD ANNUAL REPORT 2008

With the country's economy in a very uncertain state, we have been relieved just to come to the end of another year. However, the high fuel costs in the summer, with the knock-on increases in materials, has meant that Fred Stearns and his highway crew have been unable to undertake all the road maintenance work they would have wanted this year. We hope that the recent drop in fuel prices means that they will be able undertake all the necessary maintenance next year.

Again we have seen the remarkable response of our citizen volunteers in responding to emergency conditions; this time, the December ice storm. Unlike the 2007 wind storm this storm was very selective, meaning that many residents could carry on normal life, alongside which others were without power for up to four days. Both the emergency command shelter at the fire station and an emergency shelter were staffed by volunteers. Our grateful thanks go to Wally Ragan, our Emergency Management Director, Kevin Peterson, Fast Squad President who manned the emergency command center and especially to Jeff Valence, who was the mainstay of the Lyme School emergency shelter. We hope that we can take advantage of the lessons learned in both recent emergencies to ensure that we continue to support all our citizens, especially those at-risk.

The Town Offices Building Committee under the leadership of Don Metz and Frank Bowles, was very happy to close on the purchase of the former Recreate property. Estes and Gallup won the bid for the construction of the new offices and work is now well under way in developing the offices and police station. We anticipate being able to move into the new premises by midsummer.

After many years work, we finally achieved legal status for the transfer station. With a slow start in 2007 we are now seeing significant usage of the station on Wednesday afternoons. Apart from the added convenience for citizens, this also means that we can ensure containers are filled and reduce our haulage costs.

The Recreation and Conservation Commissions are still working on a satisfactory resolution of the Post Pond water level and ball field issues. We commend both Commissions for their steadfast efforts to achieve a solution that ensures both recreation and wildlife needs are met.

The Board continues to seek ways in which we can continue to serve the town, while cutting costs. A small example of this is the size of this report; we hope that we can see a significant cost in the production of the report by its reduction in size. We are also considering alternative methods of distribution, which would also contribute to cost savings.

We have said good-by to Carole Bont, Jed Smith and Francesca Latawiec and welcome Stephen Hall as our new Transfer Station attendant

# TRANSFER STATION ANNUAL REPORT 2008

In February, the Lyme Transfer Station / Recycling Facility obtained the required operational permits from the NH Department of Environmental Services. We made several improvements to enhance safety and meet the mandated regulations of operation. The required signage was installed. The stairways to the roll-offs were relocated and a wooden walkway was constructed for the scrap metal and C & D containers. An enclosure for the compactor was constructed for security and for the protection of the mechanical and electrical components.

The Transfer Station is now open for an additional day, Wednesdays from 4pm to 6pm. Lighting was installed to facilitate these new hours.

An additional container was added for cardboard. By separating the cardboard and paper, we reduced the overflow and increased the revenue for these items.

Due to high fuel costs and low demand for recyclables, we face challenges in the next year. At present, it is still more cost efficient and environmentally friendlier to recycle rather than dispose of these items at a landfill. Our association, Northeast Resource Recovery Association (NRRA), is working diligently to find outlets for our recyclables.

In 2008, our community recycled 137 tons of paper and 24 tons of scrap metals. According to NRRA, we saved 2,321 trees and conserved 23,527 pounds of coal. Thank you for your continued efforts.

Respectfully Submitted, Daniel Quinn Licensed Solid Waste Facility Operator



FREDDIE DUNBAR
(Photo: From the collection of Don & Julia Elder)

# CONSERVATION COMMISSION ANNUAL REPORT 2008

#### **Trails and Related Projects:**

Trails in Lyme have been hit hard by severe storms in the last few years and 2008 was no exception. With help from dozens of volunteers, the Lyme CC cleared blown-down trees and limbs and repaired damaged sections of trails throughout town. The annual National Trails Day trail work event was a great help.

In May, CC members joined students and teachers from Lyme Elementary School to plant twodozen trees in an area of the Big Rock Nature Preserve where invasive shrubs had crowded out native plants. The trees were provided by the NH State Nursery.

In August, members of the CC worked on a project to stabilize a 100 foot section of stream bank on Grant Brook along the Lower Grant Brook Trail. Using roughly 35 douglas fir trees donated by Bill Nichols of Nichols Tree Farm in Orford, CC members installed revetments to slow down water and catch sediment in an attempt to reinforce the bank. Willow switches were planted along the exposed bank to provide stabilizing root systems and 4 log vanes were installed to direct the main flow of water back toward the center of the stream bed. Ben Hudson and his tractor assisted with excavation as well as hauling and placing the log vanes.

Over the summer the CC worked with John Taylor from the Upper Valley Trails Alliance to complete the new Ledge Trail in the western part of the Town Forest. The trail is a great addition to Lyme's network.

#### Post Pond area and the Chaffee Wildlife Sanctuary:

2008 was the first year in which a newly-revised Post Pond Water Release Policy was implemented. Employees of the town monitored the water level on the gauge stake at the public boat launch and kept weekly records. The Commission engaged Watershed to Wildlife to prepare a study of impacts of different water levels on the Clay Brook wetlands adjacent to the sanctuary. The study is available on the Town's website.

#### **Other Projects:**

With computer equipment donated by TeleAtlas the town Natural Resources Inventory (completed in 2007) is available to the public in the Converse Free Library. The document is searchable and anyone interested can build and print their own maps for free.

#### **Continuing Activities:**

- Reviewed numerous applications for construction activities in or near wetlands and submitted comments to the Zoning Board Adjustment or the State Department of Environmental Services as appropriate. (Remember, if you are planning any projects around water bodies or wetlands, check before you start. You may well need a permit.)
- Sponsored the Town Green Up Day.
- Coordinated water quality monitoring by the State in Post Pond and Reservoir Pond.
- Wrote monthly "Conservation Corner" articles for the Church News,

- highlighting local conservation or environmental news and issues.
- Coordinated a group of dedicated volunteers who monitored the town-held conservation easements.
- The annual February snowshoe hike was great fun for all who participated.
- Maintained wildlife habitat in the upland portion of the Chaffee Wildlife Sanctuary.

Conservation Commission meetings are held on the first Monday of the month at 7:30 pm in the meeting room at the Academy Building. Visitors are always welcome. If you have ideas on how we can more effectively serve the Town, please let us know. We also welcome volunteers to help maintain trails for which the Commission is responsible. If you are interested contact any member (whose names are listed near the front of this Annual Report).



BEARS IN THE BACKYARD (Photo: Meg Houston Maker)

#### EMERGENCY MANAGEMENT ANNUAL REPORT 2008

With limited resources Lyme Emergency Management has been able to accomplish significant progress during 2008.

The following is a brief overview of 2008:

#### 911 EMERGENCY MAPPING OF LYME

In 2008 NH Bureau of Emergency Communications (NHBEC) completed their 911 mapping of Lyme. The map series depicts the locations and addresses for structures as well as other pertinent landmarks in the town. Structures formerly without an address were assigned an address during the data capture process.

NHBEC spent in excess of 200 hours in Lyme as each location was given a Global Positioning System (GPS) identification that will assist emergency responders. This information is especially important for all mutual aid emergency services responding to Lyme. Prior to NHBEC mapping of Lyme this information was not available in a reliable format.

#### LYME EMERGENCY SHELTER

In 2008 American Red Cross (ARC) approved Lyme School as an Emergency Shelter. ARC requires approval of all shelters prior to their providing emergency services. Therefore in the event of an incident that exceeds our response/resource capabilities, we could request assistance without an approval delay. Through the approval process ARC became aware of our shelter and its inherent benefits. ARC does not charge for its services. Voluntary donations from the community are counted as their compensation.

#### LYME EMERGENCY OPERATING CENTER COMMUNICATIONS

In 2008 Lyme Emergency Operating Center (LEOC) applied for a grant through State of NH Interoperability Project EOC-Base Radio. We were approved and the grant is valued at \$6600. Included in the grant was all labor, material and installation costs. The base radio installation was completed in October and supported our response to the December 2008 ice storm.

#### **DECEMBER 2008 ICE STORM**

On December 12, 2008 the Town of Lyme was tasked with responding to another weather related incident. Our knowledge gained from the April 2007 storm served as a rehearsal for what we needed to do. Given that experience, LEOC was immediately activated and State of NH Emergency Operating Center was notified.

One of our first activities was to generate "Preliminary Damage Assessments" (PDA) with copies to related utility companies.

Our PDA reports indicated this was not going to be a quick fix. Therefore a Unified Command Decision was made that we needed to activate Lyme School Emergency Shelter (LSES). LSES serves as:

- 1. A clearinghouse for information to and from the community ("Printed Daily Notices" were distributed to the affected community).
- 2. LSES was a location that had heat, lights, potable water, shower and recharge for computers and wireless phones.

- 3. A location where you could make a telephone call.
- 4. A location with staff that has compassion and willingness to communicate a concern to LEOC or other appropriate locations.
- 5. Directing community inquires through LSES helps free up the single telephone line at LEOC, which serves as both telephone and FAX line.

Both LEOC and LSES were very busy addressing community concerns and needs as noted below:

Over 200 locations without power, heat, lights, potable water, etc. were evaluated.

Roads blocked by ice-damaged trees were evaluated and appropriate action taken.

Community inquiring as to when they will get their power restored.

Communicating PDA to proper utility company.

Responding to the community with portable generators and heaters.

Performing door to door checks in affected areas to verify the welfare of occupants.

In summary it is my opinion that Lyme's Emergency Services (Fire, FAST and Police), Public Works, Town of Lyme Office Staff, Lyme School and all of the Volunteers did an exemplary job serving their community.

Respectfully submitted, Wallace Ragan, Emergency Management Director



LINDA GOODRICH'S RETIREMENT PARTY

(Photo: Paul Klee)

# ENERGY COMMITTEE ANNUAL REPORT 2008

The Energy Committee held a successful Energy Fair at the Town Garage in early May. This enabled interested visitors to see the operation of the town's wood pellet boiler, meet with energy-efficient suppliers and undertake open house visits to various energy-efficient properties within the town. This was a successful event and a further fair is planned, on the Common on May 16, 2009. There will be more details nearer the time.

The committee also worked with the New Town Offices committee on the energy efficiency of the new building. The town offices committee commissioned an energy review report on heating options, which resulted in the decision to implement radiant floor heating and to continue with the already proposed high insulation levels.

Later in the year Gary Phetteplace gave a presentation on geo-thermal heating and in October, the committee hosted a presentation by Bob Walker of Sustainable Energy Resource Group of Thetford on household energy reduction. This provided significant information on 'winterizing' properties at relatively low cost.

There have been several other initiatives through the year to consider other ways in which we can assist residents in energy conservation.

Claudia Kern and Tom Hunton stepped down due to pressure of work. We are very grateful for their energy and input over past years.

Lyme residents are encouraged to contact the committee with questions regarding energy use. Community members are welcome to meetings held the third Monday of the month, 7:30 PM at the Lyme Center Academy Building.

Respectfully submitted, Lyme Energy Committee

Matt Brown Dan O'Hara Rebecca Lovejoy Gary Phetteplace Mike Morton Shirley Tullar

Carola Lea, co-chair Sue Mackenzie, co-chair

Simon Carr, Selectboard Representative

# FAST SQUAD ANNUAL REPORT 2008

The Lyme FAST Squad (LFS) provides emergency medical services to residents and visitors to the Town of Lyme, and to surrounding communities as a participant in the Upper Valley mutual-aid system. LFS members work closely with personnel from the Hanover Fire Department, which provides primary ambulance coverage to Lyme. As a 'first response' squad, LFS provides critical primary care in the field in the 10-30 minutes that it takes the ambulance to arrive on the scene from Hanover. This team approach ensures high-quality emergency medical care to all parts of Lyme.

In 2008, LFS members responded to a total of 65 calls (compared to 51 calls is 2007, 76 calls in 2006 and 48 in 2005), as follows:

Medical Emergency: 56
Motor Vehicle Crash: 6
Non-vehicular Accidents: 3

These calls included a wide range of medical problems, including seizures, stroke, chest and abdominal pain, difficulty breathing, medication problems, drug overdose, trauma, and diabetic emergencies. In each case, well-trained LFS members were able to provide prompt medical attention prior to the arrival of an ambulance for transport of the patient to the hospital. LFS members also respond to support the Lyme Fire Department on structure fires and other major fire calls. LFS members on these fire scenes help to ensure the safety, health and well-being of our dedicated volunteer firefighters.

LFS members participated in the response to the December ice storm, contributing dozens of hours to the rescue and clean-up effort over a four-day period during and after the storm.

LFS continues to be an active participant in community events, including 4<sup>th</sup> of July Parade, Pumpkin Festival, demonstrations at the Lyme School and Crossroads Academy, and medical coverage for Winter Special Olympics at the Dartmouth Skiway each January and The Prouty Century Ride in July.

In 2009, the Lyme FAST Squad will initiate two new programs:

Heart Smart—Lyme FAST Squad is working to help Lyme become one of the first towns in the state to be designated a "Heart Smart" Community. The goal of Heart Smart is to raise awareness about the benefits of early intervention in cases of cardiac arrest. The program includes widespread training of Lyme residents in cardio-pulmonary resuscitation (CPR), and the deployment of automatic external defibrillators (AEDs) at strategic places around town. One early goal of the program is to have every Lyme 8<sup>th</sup>-grader take a CPR course, and we hope many other Lyme residents will participate by becoming CPR-certified. The program is being led by LFS members Mary Sansone and Karen Keane. More information will be available through the coming year.

Monthly Articles in the Lyme Church/Community News—In an effort to share more information about the Lyme FAST Squad and our work to serve the health and safety of yme residents, we will be developing a regular, monthly article in the Lyme Church & Community newsletter. We hope to introduce you to the members of the Squad and share important information about what we do and how we work.

In terms of personnel, LFS continues to be a strong and well-trained group:

EMT-Paramedic: Michael Hinsley, Dani Ligett, Mary Sansone

EMT-Basic: Tim Estes, Tom Frawley, Karen Keane, Rebecca Lovejoy, Jim Mason,

**Kevin Peterson** 

First Responder: Doug Vogt Medical Advisor: Dr. Scott Rodi

The LFS has a roster of 10 active members with a wide variety of skills and experience, including wilderness search-and-rescue, low-angle backcountry rescue and water rescue.

In 2009 and beyond, we will continue to provide the highest quality emergency medical care to anyone at anytime. If you have questions about the Lyme FAST Squad, please feel free to contact me at any time. Remember, if you have an **emergency**; **please dial 9-1-1**.

Kevin A. Peterson, President/Captain Lyme FAST Squad 795-2614



FAST SQUAD MEMBERS AT THE SPECIAL OLYMPICS (Photo: Staff)

# HISTORY COMMITTEE ANNUAL REPORT 2008

The Lyme Historians/History Committee aims to increase knowledge and appreciation of the town's heritage as well as encourage Lyme residents to participate in projects that preserve and bring alive the town's past. Our museum, which has rotating exhibits all year, is open Tuesday mornings and by appointment. Membership in the Historians brings a quarterly newsletter to help you "keep up to date with the past." At year-end, the Historians had 260 members.

#### Highlights of 2008 included:

- May 18 annual meeting featuring Richard Henderson of Enfield speaking on Gershom Bartlett, whose distinctive carvings appear on some of the oldest gravestones in Lyme (including one on display in the Museum) and other Upper Valley towns. Lyme Cemetery Commission member Jennifer Cooke shared information on restoration work at the Gilbert Cemetery.
- Progress on documenting Lyme's many cellar holes with the help of community volunteers. This initiative has attracted attention and praise from the New Hampshire Historical Society, among others. Watch the Lyme List for announcements of weekend expeditions to map cellar holes, and please let the Historians know of holes on your property you would like documented.
- Tour of the Common, October 4. Guides in period dress narrated the history of historic buildings, and the Greenleafs invited ticket holders to see the restored first floor of the Hamilton House, on the west end of the Common.
- Publication of "Lyme's Historic Common" by Adair Mulligan. This comprehensive, illustrated guide was given to ticket holders October 4 and is available for \$5 from the Historians and at Long River Studios.

The Historians would like to thank the volunteers who do so much to organize, catalog, and display historical items, those who take part in projects and activities throughout the year, and those who lend special collections for Museum exhibits or donate photographs and artifacts to the permanent collection.

Respectfully submitted, The Lyme History Committee Jane Fant, Carola Lea, William Murphy, Sallie Ramsden, and Christina Schonenberger



#### **PORTER CEMETARY**

(Photo: Elise Garrity)

#### INDEPENDENCE DAY COMMITTEE ANNUAL REPORT 2008

The Lyme Independence Day Committee wishes to thank all who generously donated to this year's event. It is greatly appreciated and this year's Fireworks were spectacular! Many thanks to all those kind folks who were at the Pond by early morning to start fires and cook all the chicken and those who made macaroni salads and yummy pies and the servers for the BBQ. Thanks to Karl Furstenberg for the donation of firewood and to those other folks who offered. We can't forget the terrific 8<sup>th</sup> graders and parents who were car-parking attendants, those who collected donations at the gate, the glow stick and ice cream sales people and all the others who helped with this wonderful Lyme event. Thanks to Don Elder and Those Guys for letting us use their tents and for their time putting them up and taking down.

Thanks also to the participants in the Parade and those who came to watch. The Parade was great and once again we had lots of folks participating. A comment overheard at the parade was there are almost as many participants in the parade as spectators watching. We greatly appreciate Hank Flickinger allowing us to use the One Lyme Common parking lot and lawn while folks got in line for the parade.

Those gathering at Post Pond while waiting for Fireworks were wonderfully entertained by Lymelites, Lyme Town Band and Whipple Hill Gang. They are such an important part of the celebration and we thank them!!!! Thanks also to Staci Sargent from Ledyard National Bank for organizing a kids' game table.

All of the money raised during the BBQ and proceeds from glow sticks & ice cream goes towards the Fireworks. Through the Pippins and Lyme Country Store, we were able to get the soda and ice cream donated which was sold, and we greatly appreciate their efforts. No Tax Dollars go to supporting the Fireworks, it's all raised and that's a tribute to the people of Lyme. This is a huge undertaking each year and thanks to the many folks who donate their time or money. It was a very successful event.

Safety is a huge issue for the Fireworks and enormous thanks to the Lyme Fire Department for their time in keeping the safety zone safe. The Dartmouth Skiway kindly loaned us fencing for the safety zone-thanks. There was a firefighter on duty at the pond from midmorning until the Fireworks were over. We also want to thank the Lyme Police for their efforts during the parade and fireworks. None of this can happen without the cooperation of the Lyme Police and Fire Department.

This community has continued to support the Independence Committee efforts and we THANK YOU very much for your support!

Bob Couture, Dina Cutting, J.J. Pippin-Finley, Jim Mayers & Jodie Rich

# NEW TOWN OFFICE BUILDING COMMITTEE REPORT ANNUAL REPORT 2008

Following the vote at 2008 Town Meeting, the committee undertook significant design development of the offices preparatory to construction. The Town took possession of the old Recreate property and Lela Pike house on August 29, 2008 and commenced construction in September. It is expected that the building will be completed and handed over to the town in mid-summer, at which time the existing office space will be handed back to the library.

Following discussions with the energy committee, the building committee determined that radiant floor heating would provide the most economic system and that the additional cost of this could be met by an interested donor. This was accordingly incorporated into the designs. The building has been also been designed to have very high insulation values, providing the town with the most economic running costs possible.

The bond interest rate that we finally received from the Bond Bank averages 4.25% through the life of the bond, which is 1% point lower than the rate anticipated at the time of the bond vote. We have also raised \$200,000 in private contributions.

The building will be open for visits on Town Meeting day, Tuesday, March 10, from 3 until 6 p.m. Members of the building committee will be pleased to welcome you, show you around and answer any questions.

Don Metz and Frank Bowles, co-chairs



NEW MUNICIPAL SERVICES BUILDING

(Photo: Staff)

# RECREATION COMMISSION ANNUAL REPORT 2008

Youth programs, with scholarships available, were offered in many popular sports. As in the past, all fees collected were used to support the programs directly (e.g., referees, uniforms, tournament entries, equipment). We are gratified that the vast majority of Lyme children participate in one or more Recreation programs. The following list details the specific programs and participation numbers.

Soccer	154 participants
Skiing/Snowboarding	91 participants
Basketball	55 participants
Baseball	65 participants
Softball	18 participants
Lacrosse	13 participants

The Commission is very grateful to our volunteer sports Commissioners: Pete Mulvihill, Monica Ha, Helen Dennis, Peter McGowan, Tom Yurkosky and Matt Stevens. All of our youth teams are coached and instructed by volunteers, more than 50 in total. We are indeed grateful for your hard work and long hours devoted to our children.

A range of more informal programs were available for adult participants, including tennis, basketball, softball, Tai Chi, and yoga.

Pete Mulvihill spearheaded a terrific set of improvements to the on-ground ice rink, which is now available for skating well into the evening with the addition of lights.

Three additional week-long summer sports camps were available to children this summer: two offerings of Play Soccer camp for 1st-8th grade children and a basketball program for 3rd-4th grade girls coordinated by Peter McGowan.

Residents can get easy access to a listing of our current programs and policies on the Town web site or through the unofficial Lyme Listserve. The Recreation Commission meets on the fourth Monday of the month at 6:00 PM at the Academy Building. We always welcome public participation and are eager to hear your ideas for new programs.

The beach was a very active place this year. With the hot humid weather it made for loads of fun at the beach. The staff of certified lifeguards provided another safe summer season of swimming at Chase Beach. The beach was open with Lifeguards on duty from June 15<sup>th</sup> through August 16<sup>th</sup>.

The Chase Beach and John Balch Memorial field project continues to move forward. We hope to have a portion of this project completed by the fall of 2009. To date we have over \$70,000.00 in pledged donations. The Recreation Commission is working hard to realize the goal of a safe recreational facility for all in Lyme to enjoy.

Thank you for your support.

## SAFETY COMMITTEE ANNUAL REPORT 2008

The purpose of the Lyme Safety Committee is to bring workers and management staff together in a non-adversarial, cooperative effort to promote workplace safety and implement safety programs in compliance with NH Dept. of Labor directives. In 2008, the committee met during the months of February, April, October and December.

#### **Annual Safety Inspections Completed:**

Fire Station – February 29, 2008 Transfer Station – March 24, 2008 Town Office/Library – April 29, 2008 Recreation Area – June 23, 2008 Highway Garage – October 24, 2008

#### **Safety Training:**

School Zone Safety –public education by Police Department
Life Guards & staff – safety training by L.G.C.
Snowplow Safety – by Local Government Center
Defensive Driving for Emergency Service Personnel – by L.G.C.
Safety Gear Training – by respective Department Heads
Fire Extinguisher Training – by Department
Safety Committee Roles & Responsibilities refresher course – by L.G.C.
First Aid & CPR, refreshers – by Departments

**Bi-Annual Safety Summary was filed:** <u>03-10-2008</u> next filing due (January 2010)

Report Submitted by,

Pauline Q. Field, Chairman Lyme Safety Committee



MRS. BARTLETT MAYO

# SUMMER POND PROGRAM ANNUAL REPORT 2008

This year's Summer Pond Program began on July 7, 2008 and ended on August 1, 2008, 4 weeks this year! The program was located at Chase Beach at Post Pond and the hours were 8:30am –12:00 noon. The program is available to the children of Lyme for \$50 per week. Each day included Red Cross swimming lessons, snack, arts and crafts, free choice, read aloud, drama, sports and lunch. The program was available to children ages 4 (by December 31<sup>st</sup>) -5<sup>th</sup> grade.

The program averaged 45 children, a fantastic increase from last summer. We averaged 10 phenomenal counselors each week. I look forward to working with the campers and counselors this summer. I had a great year of Red Cross swimming lessons. The children were a joy to teach.

Thank you to all that helped support the program this year. I have truly enjoyed this program for many years; I look forward to the year to come!

Respectfully,

Torey Cutting Pond Program Coordinator





# CONNECTICUT RIVER JOINT COMMISSIONS ANNUAL REPORT 2008

This year the Connecticut River Joint Commissions (CRJC) published major new Management Plans for Water Resources and for Recreation on the Connecticut River. In 2008 CRJC considered issues as wide-ranging as riverbank erosion in Colebrook and New Hampshire's updated Shoreland Protection Act. We completed a new Five Year Plan that focuses upon public outreach, use of river science, and protection of the valley's natural, historic, and cultural assets.

Through the Connecticut River Byway, CRJC works with communities, businesses and the states to strengthen the local base for heritage tourism. In 2008, we concluded a three-year project to identify the Byway with way-finding signs. Visit the Byway at <a href="https://www.ctrivertravel.net">www.ctrivertravel.net</a>.

Appointed by the legislatures of New Hampshire and Vermont, the Connecticut River Joint Commissions welcome the public to our meetings on the last Monday of every other month. Visit our web site, <a href="https://www.crjc.org">www.crjc.org</a>, for a calendar of events, useful information, and our newsletters, *River Valley News* and *River Byway News*.

Hank Swan, Connecticut River Commissioner *Adair Mulligan, Conservation Director* 

# UPPER VALLEY RIVER SUBCOMMITTEE OF THE CONNECTICUT RIVER JOINT COMMISSIONS ANNUAL REPORT 2008

This year the Upper Valley River Subcommittee completed a new and expanded *Connecticut River Water Resources Management Plan*. We will sponsor public presentations on the new plan during the winter and spring. The Plan emphasizes the many environmental and economic benefits of keeping floodplains free of development and encouraging natural vegetation along riverbanks to keep them stable, block debris, shade the water, and filter pollutants from runoff. We encourage towns to consider our *Plan* and to incorporate its recommendations when updating town plans and revising zoning ordinances.

Shorefront owners should know about the updated state shoreland protection law. Natural ground cover must remain within 50' of the water of lakes, ponds, and rivers, and use of fertilizers, pesticides, and herbicides is restricted.

We urge all anglers and boaters to clean their gear carefully to avoid spreading invasive plants, including Didymo, the recently discovered invasive alga in the Connecticut River.

The Subcommittee provides information and assistance to the states, towns, and landowners on projects near the river. The Subcommittee is advisory and has no regulatory authority. A calendar, more about Didymo, advice on bank erosion and obtaining permits for work near the river, the *Connecticut River Management Plan* and much more are on the web at www.crjc.org.

**David Kotz and Lou-Anne Conroy, Lyme representatives to the Upper Valley Subcommittee.** For an electronic copy of this report, please email <a href="mailto:Adair.Mulligan@cric.org">Adair.Mulligan@cric.org</a>

# UPPER VALLEY LAKE SUNAPEE REGIONAL PLANNING COMMISSION ANNUAL REPORT 2008

The Commission is one of nine regional planning commission in New Hampshire created to coordinate all aspects of planning, act as a liaison between local and state/federal agencies and provide advisory technical assistance on land use issues. We serve 27 communities from Piermont to Charleston along the Connecticut River and from Wilmot to Washington to the east.

Over the past year the Commission has expended a significant amount of energy increasing visibility, public relations and identifying the needs of the communities, ultimately aimed at building stability and capacity in order to better address land use issues that are important to the long-term sustainability of the communities within the region. The Commission experienced a year of transition and expansion as it hired a Geographic Information Systems Analyst to provide mapping services and a new Executive Director to provide leadership and guidance.

Revenue for the Commission was \$565,964 for FY08. A large percentage of this funding comes from the Unified Planning Work Program utilizing Federal Highway Administration funding through the NH Department of Transportation. Other state and federal funding sources include the NH Department of Environmental Services, the NH Department of Safety - Homeland Security and Emergency Management, and the Office of Energy and Planning. Member communities and counties provide membership dues. In FY2008 this allowed the Commission to leverage approximately \$250,000 in state and federal funds, and provided with the Commission with just over 15% of its revenue.

The Commission consists of representatives appointed by the leadership of each member municipality or county. These Commissioners represent your community's interests in the work the Commission does. The Commission had ten new Commissioners appointed by various municipalities and counties expanding resources and expertise within its leadership and demonstrating considerable renewed interest in regional collaboration. Additionally, Grafton County became a member of the Commission this year.

Some of this year's highlights include completion of the Route 120 Phase I Corridor Study in Lebanon and Hanover and a number of Human Transit Coordination plans and Hazard Mitigation plans. The Commission assisted communities in developing Master Plans in Claremont, Cornish, Acworth, Enfield and Lyme which will enable communities to better align their policies and land uses decision with the goals expressed through community participation. Direct planning assistance was made available to Planning Boards in Orford, Wilmot and Springfield, and regulatory review and ordinance assistance was provided to Claremont, Plainfield, Springfield and Washington.

The Commission provides a significant amount of hours of technical assistance to communities that inquire about specific local issues, data requests or needed resources.

The communities of Croydon, Lempster, Goshen, Cornish, Charlestown, New London, Hanover, Sunapee, Lebanon, Grantham, Dorchester, Newport, Unity, Orange, Enfield, Piermont, Plainfield and Leominster all took advantage of these services this past year. This past year we also received inquiries for assistance from regional and other organizations including the Sugar River Conservation Council, Connecticut River Joint Commissions, Mascoma River Watershed Council, Lake Sunapee Advisory Committee, The Nature Conservancy and Dartmouth College.

The Commission was engaged in over 45 projects within the region this year and has increased its capacity to serve the communities of the region. A list of some of this year's accomplishments and projects that were completed, as well as a copy of this Annual Report are available on our website at <a href="https://www.uvlsrpc.org">www.uvlsrpc.org</a>.

We have already begun work on many new initiatives in the region and thank you for your continued support.

Respectfully submitted,

Christine Walker Executive Director



BEN KILHAM IN THE SUGARHOUSE

(Photo: Freda Swan)



#### **ANNUAL REPORT 2008**

The Upper Valley Household Hazardous Waste committee is a volunteer organization whose purpose is to reduce harm to the environment and human health caused by the use and improper disposal of household hazardous waste. The Committee aims to:

- Educate the public to the dangers of hazardous waste.
- Encourage the use of less hazardous products in the home.
- Promote proper disposal of household hazardous waste.
- Support local agencies which reflect/promote our mission.

During 2008 the Committee continued to maintain a regional website, hosted a booth at the Upper Valley Home Life Exhibition, provided volunteers for the household hazardous waste collections at the Lebanon Landfill, and met with Marc Morgan, Solid Waste Manager for Lebanon to learn more about the Landfill and Recycling Center and the services they provide.

Website www.uvhhw.org provides detailed information about:

- Where and when the hazardous waste collections are this year and who may attend.
- What you can and cannot bring.
- Less toxic recipes for cleaning solutions.
- Links to other regional authorities.

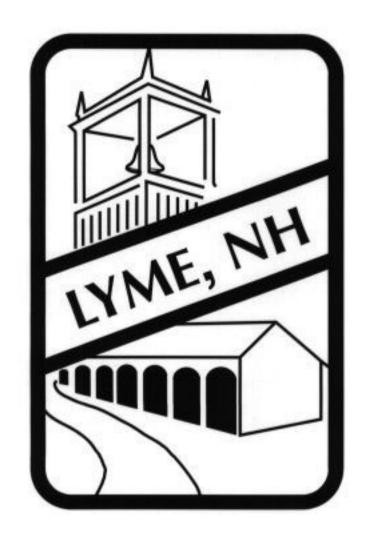
**Event Booth** The Household Hazardous Waste Committee's booth at the Upper Valley Home Life Exhibition featured information on collections in the area including dates and what materials are and are not accepted. Pesticide free lawn and garden care continued to be a focus. Alternative cleaning recipes were distributed. Also, material was available on mercury and fluorescent light bulb use and disposal.

**Household Hazardous Waste Collection Support** The committee provided volunteer support at the collections held at the Lebanon Landfill, keeping waiting times short and residents informed. A total of 480 households from Canaan, Enfield, Hanover, Lebanon, Lyme, Orford, Plainfield, Springfield and Cornish brought waste to two collections at the Lebanon Landfill.

The Upper Valley Household Hazardous Waste Committee is made up of volunteers from Upper Valley towns. We invite anyone interested to attend our meetings and become involved.

Margaret Bragg, Hanover, NH Vickie Davis, Upper Valley Lake Sunapee Regional Planning Commission Charlotte Faulkner, Hanover, NH Joyce Noll, Etna, NH Barbara Whitman, Chair, Lebanon, NH

# **TOWN OF LYME**



# NARRATIVE REPORTS FOR GRAFTON COUNTY & SUPPORTED OUTSIDE AGENCIES 2008

## REPORT OF FOREST FIRE WARDEN AND STATE FOREST RANGER ANNUAL REPORT 2008

Your local Forest Fire Warden, Fire Department, and the State of New Hampshire Division of Forests & Lands work collaboratively to reduce the risk and frequency of wildland fires in New Hampshire. To help us assist you, please contact your local Forest Fire Warden or Fire Department to determine if a permit is required before doing <u>ANY</u> outside burning. Under State law (RSA 227-L:17) a fire permit is required for all outside burning unless the ground is completely covered with snow. The New Hampshire Department of Environmental Services also prohibits the open burning of household waste. Citizens are encouraged to contact the local fire department or DES at 1-800-498-6868 or <a href="www.des.state.nh.us">www.des.state.nh.us</a> for more information. Safe open burning requires diligence and responsibility. Help us to protect New Hampshire's forest resources. For more information please contact the Division of Forests & Lands at (603) 271-2214, or online at <a href="www.nhdfl.org">www.nhdfl.org</a>.

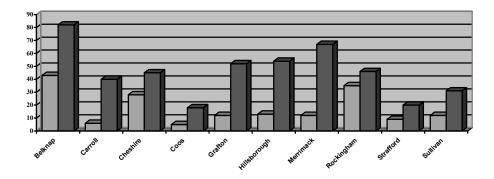
Spring fire season lasted unusually long this past year, with very high fire danger stretching into the first week of June. Once again, the rains started to fall during the summer and the fire activity was fairly light for the remainder of the year. The acreage burned was less than that of 2007. The largest forest fire during the 2008 season burned approximately 54 acres on Rattlesnake Mountain in Rumney on White Mountain National Forest property. Another 39 acre fire occurred on Mount Major in Alton during the month of April. Our statewide system of 16 fire lookout towers is credited with keeping most fires small and saving several structures this season due to their quick and accurate spotting capabilities. Many homes in New Hampshire are located in the wildland urban interface, which is the area where homes and flammable wildland fuels intermix. Several of the fires during the 2008 season threatened structures, a constant reminder that forest fires burn more than just trees. Homeowners should take measures to prevent a wildland fire from spreading to their home. Precautions include keeping your roof and gutters clear of leaves and pine needles, and maintaining adequate green space around your home free of flammable materials. Additional information and homeowner recommendations are available at <a href="https://www.firewise.org">www.firewise.org</a>. Please help Smokey Bear, your local fire department and the state's Forest Rangers by being fire wise and fire safe!

#### 2008 FIRE STATISTICS

(All fires reported as of November 24, 2008)

(figures do not include fires under the jurisdiction of the White Mountain National Forest)

COUN	TY STATIS	STICS
County	Acres	# of Fires
Belknap	43	82
Carroll	6	40
Cheshire	28	45
Coos	5	18
Grafton	12	52
Hillsborough	13	54
Merrimack	12	67
Rockingham	35	46
Strafford	9	20
Sullivan	12	31





CAUSES (	OF FIRES REPORTED		<b>Total Fires</b>	<b>Total Acres</b>
Arson	2	2008	455	175
Debris	173	<b>200</b> 7	437	212
Campfire	35	2006	500	473
Children	23	2005	546	174
Smoking	36	2004	482	147
Railroad	2			
Equipment	11			
Lightning	11			
Misc.*	162 (*Misc.: power lines, fireworks	, electric fence	es, etc.)	

ONLY YOU CAN PREVENT WILDLAND FIRE



#### **Programs**

Newfound Area Senior Services (Bristol 744-8395)

Horse Meadow Senior Center (N. Haverhill 787-2539)

Linwood Area Senior Services (Lincoln 745-4705)

Littleton Area Senior Center (Littleton 444-6050)

Mascoma Area Senior Center (Canaan 523-4333)

Orford Area Senior Services (Orford 353-9107)

Plymouth Regional Senior Center (Plymouth 536-1204)

Upper Valley Senior Center (Lebanon 448-4213)

RSVP & The Volunteer Center (Lebanon 448-1825)

#### **Board of Directors**

Dick Jaeger, President, Orange Mike McKinney, Vice President, Bristol Clark Griffiths, Treasurer, Lebanon Dr. Thomas S. Brown, Secretary, Lebanon Ralph Akins, Lebanon Sarah Albert, Tuck Board Fellow Rich Crocker, Plymouth Pepper Enderson, Littleton Annie LaBrecque, Canaan Jenny Littlewood, Orford Tony Moehrke, Plainfield Molly Scheu, Hanover S. Arnold Shields, Piermont Laurel Spielberg, Hanover Frank Stiegler, Haverhill James Varnum, Hanover

Roberta Berner, Exec. Director rberner@gcscc.org

#### GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC. ANNUAL REPORT 2008

Grafton County Senior Citizens Council, Inc. is a private nonprofit organization that provides programs and services to support the health and well being of our older citizens. The Council's programs enable elderly individuals to remain independent in their own homes and communities for as long as possible.

The Council operates eight senior centers in Plymouth, Littleton, Canaan, Lebanon, Bristol, Orford, Haverhill and Lincoln and also sponsors the Retired and Senior Volunteer Program and Volunteer Center (RSVP) and the Grafton County ServiceLink Resource Center. Through the centers, ServiceLink and RSVP, older adults and their families take part in a range of community-based long-term services including home delivered meals, congregate dining programs, transportation, elder care, chore/home repair services, recreational and educational programs, and volunteer opportunities.

During 2008, 51 older residents of Lyme were served by one or more of the Council's programs offered through the Orford and Upper Valley senior programs:

- Older adults from Lyme enjoyed 772 balanced meals in the company of friends in the senior dining rooms.
- They received 27 hot, nourishing meals delivered to their homes by caring volunteers.
- Lyme residents were transported to health care providers or other community resources on 196 occasions by volunteers or on the Upper Valley Senior Center bus.
- Lyme residents benefited from 309.5 hours of care from our adult in-home care program, offering one-to-one companionship and assistance.
- Lyme residents contacted ServiceLink or GCSCC outreach workers on 66 occasions for assistance with issues concerning long-term care.
- Lyme's citizens also volunteered to put their talents and skills to work for a better community through 400 hours of volunteer service.

The cost to provide Council services for Lyme residents in 2008 was \$15,377.66.

Such services can be critical to elderly individuals who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty, saving tax dollars that would otherwise be expended for nursing home care. They also contribute to a higher quality of life for our older friends and neighbors. As our population grows older, supportive services such as those offered by the Council become even more critical.

GCSCC very much appreciates Lyme's support for our programs that enhance the independence and dignity of older citizens and enable them to meet the challenges of aging in the security and comfort of their own communities and homes.

Roberta Berner, Executive Director

# GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.

# Statistics for the Town of Lyme October 1, 2007 to September 30, 2008

During this fiscal year, GCSCC served 51 Lyme residents out of 347 residents over 60, (2000 Census)

Services	Type o	of Service	Units	s of Ser	vice	x Unit	Cost=	Tot	tal cost	of serv	vice
Congregate/											
Home delivered	ed	Meals		799	X	\$6.33		\$ 5,	,057.67		
Transportation	ı	Trips		196	X	\$10.87		\$ 2,	,130.52		
Adult Day Ser	vice	Hours		0	X	\$19.58		\$ 0			
Adult In-Hom	e Care	Hours		309.5	X	\$ 19.34		\$ 5,	,985.73		
Social Service	S	Half-hour	'S	1	X	\$33.39		\$	33.39		
ServiceLink		Contacts		65	X	\$33.39		\$ 2,	,170.35		
Activities				372			N/A				
Telephone Rea	assuran	ce Calls		152			N/A				
Number of Ly	me vol	unteers: 6		Numbe	r of v	olunteer	hours <u>: </u>	100			
GCSCC cost t	o provi	de services	for L	yme re	siden	ts only			\$ 1	5,377.	66
Request for Se	enior Se	ervices for	2008						\$	800.	00
Received from	n Town	of Lyme f	or 200	)8					\$	800.	00
Request for Se	enior Se	ervices for	2009						\$	800.	00

#### NOTE:

- Unit cost from GCSCC Statement of Revenue and Expenses for October 1, 2007 to September 30, 2008
- 2. Services were funded by Federal and State programs 53%; municipalities, county and United Way 10%; Contributions 10%; In-kind donations 16%; Friends of GCSCC 9%; Other 2%.

# **COMPARATIVE INFORMATION**

# From Financial Statements for GCSCC Fiscal Years 2007 and 2008

# **October 1, 2007-September 30, 2008**

UNITS OF SERVICE PROVIDED	FY2007	FY2008
Dining Room Meals	82,616	79,133
Home Delivered Meals	133,140	140,760
Transportation (Trips)	46,143	47,450
Adult Day Service (Hours)	11,393	8,578
Adult In Home Care	15,483	17,464
Social Services (1/2 Hours)	6,753	6,391
ServiceLink	5,383	6,346
Number of individuals served	6,486	6,903
Number of individuals served  COST PER UNIT OF SERVICE PROVIDED	6,486	6,903
	<b>6,486 FY2007</b> \$6.20	<b>6,903 FY2008</b> \$6.33
COST PER UNIT OF SERVICE PROVIDED	FY2007	FY2008
COST PER UNIT OF SERVICE PROVIDED  Congregate/home delivered meals	<b>FY2007</b> \$6.20	<b>FY2008</b> \$6.33
COST PER UNIT OF SERVICE PROVIDED  Congregate/home delivered meals  Transportation (per trip)	<b>FY2007</b> \$6.20 \$9.91	<b>FY2008</b> \$6.33 \$10.87

# VISITING NURSE ASSOCIATION & HOSPICE OF VT AND NH Home Healthcare, Hospice and Maternal Child Health Services in Lyme, NH

#### **ANNUAL REPORT 2008**

The VNA & Hospice is a compassionate, non-profit healthcare organization committed to providing the highest quality home healthcare and hospice support services to individuals and their families. By keeping Lyme residents out of emergency rooms and hospitals, and reducing the need for relocation to nursing homes, our care offers significant savings in the town's emergency services and other medical expenses.

VNA & Hospice clients are of all ages and at all stages in life. Services are provided to all in need regardless of ability to pay. Between July 1, 2007 and June 30, 2008, the VNA & Hospice made 740 homecare visits to 45 Lyme residents (unduplicated) and provided approximately \$31,894 in uncompensated care.

Home HealthCare: 590 home visits to 34 residents with short-term medical or physical needs

<u>Long-term Care:</u> 82 home visits to 1 resident with chronic medical problems who needed extended care in their home to avoid admission to a nursing home.

<u>Hospice Services</u>: 57 home visits to 7 residents who were in the final stages of their lives.

<u>Maternal and Child Health Services:</u> 4 home visits to 4 residents for well baby, preventative and high-tech medical care.

<u>Family Support Services:</u> 7 home visits to 1 family (2 individuals) for parenting and child development support.

Additionally, residents made visits to VNA & Hospice community clinics for foot care, blood pressure screenings, cholesterol testing and flu shots.

Lyme's annual appropriation helps the VNA & Hospice meet the demand for quality home healthcare, and to ensure that all who qualify for services will always be able to receive them. On behalf of the people we serve, we thank you for your continued support.

Sincerely,

Jeann a. Mc Long Hin

Jeanne McLaughlin, President (1-888-300-8853)

## WEST CENTRAL BEHAVIORAL HEALTH ANNUAL REPORT 2008

In FY 2008, West Central Behavioral Health received an appropriation of \$1,870 from the Town of Lyme. We are grateful for this appropriation that enabled us to provide free or reduced cost mental and behavioral health services to residents of Lyme who are uninsured or underinsured. We are committed to making quality mental health services available regardless of ability to pay to all communities in our service area.

West Central Behavioral Health is the NH designated Community Mental Health Center for Lyme, as well as Sullivan and Southern Grafton Counties. Our mission is: "to promote, preserve, and strengthen the mental health and quality of life for individuals and their communities through the delivery of integrated, comprehensive services." Our consumers suffer from a range of disorders and illnesses: life threatening severe, chronic mental illness such as psychosis, schizophrenia, and bipolar disorder; all forms of addiction; as well as anxiety, depression, divorce or relationship related stress, and other impairing, but highly treatable, conditions. We work with all ages in outpatient clinics, homes, jails, nursing homes, schools, and residential supported living programs, offering a broad variety of counseling, psychiatric services, case management, and emergency consultations.

Some of the services provided to residents of Lyme this year include:

- 13 Children and their families received 284 therapy sessions at our outpatient clinics in Lebanon, Newport, and Claremont.
- 10 Adult residents received 80 sessions of outpatient counseling for depression, anxiety, addictions, family issues, and other critical issues.
- 5 Residents contacted our Emergency Services, available 24 hours, 7 days a week.
- 8 Residents received 198 sessions of other services such as case management or vocational services.

## WISE ANNUAL REPORT FOR LYME 2008



For over three decades WISE has been committed to the mission of empowering victims of domestic and sexual violence to become safe and self-reliant through crisis intervention and support services. WISE also advances social justice through community education, training and public policy. Through our Domestic and Sexual Violence Programs, WISE provides 24-hour crisis intervention, advocacy and support services to victim-survivors of domestic and sexual violence and their loved ones. The WISE Community Outreach and Youth Violence Prevention Program seek to raise community understanding of domestic and sexual violence by working with local services providers and educating middle and high-school aged youth about healthy relationships.

WISE provides a full range of services to Lyme residents through including access to our 24-hour crisis line, medical, legal and social services advocacy, emergency shelter, information and referral and facilitated support groups. Our Youth and Community Education program also provides educational violence prevention programming to students and staff in six local school districts including the Dresden School District.

In the last fiscal year WISE provided services to 739 new clients. Six of these clients are known to be Lyme residents, many of whom continued to work with WISE throughout the year. All of these Lyme residents accessed WISE through our twenty-four hour crisis line, receiving services such as crisis counseling and support, assistance in filing for a restraining order, and referrals and advocacy in connecting with other community services.

The WISE Board of Directors, staff and volunteers would like to thank the residents of Lyme, on behalf of many victim-survivors of domestic and sexual violence, for your on-going support of our programs and services.