

The Pond Program is back: This program will run from June 16-20, June 23-27, and July 7-11 from 9am – noon. Please be aware the recreation facility will be very busy during those mornings. There will be lifeguards for safety purposes. We would encourage families to come and visit the facility and the beach on those days after the program has finished its day (so after Noon time).

Chase Beach News-The Lifeguards will be on duty starting Monday June 16, 2025.

Lifeguards will be on duty from 11:00AM to 6:00PM, times may vary according to weather. See below the General Regulations and Chase Beach Regulations.

For the full ordinance text go to the Town of Lyme web site@ www.lymenh.gov.

Once you are on the home page on the left side look for the 7th tab “Recreation Commission”.

Then on the Recreation Commission page on the left look for the bottom tab “Policies/ Ordinance”. Then the Recreation Facilities Ordinance.

Section 1.1: General Regulations:

The following regulations apply to the recreation areas at Post Pond including Chase Beach and surrounding Playground areas, the John Balch Memorial Field, the Arnie Pushee Basketball Court and the Tennis Courts, which are collectively referred to in the Ordinance as “Recreation Facilities”. This Ordinance does not apply to the boat launch facility at Post Pond.

A. The Recreation Facilities are for the use of Lyme residents and their guests. (The hosting Lyme resident must be at the location with the guest.) All resident users must have a resident sticker affixed to their vehicle.

B. The Recreation Facilities will be closed from 8PM-8AM (with the exception of events specifically authorized in advance by the Town of Lyme).

C. All motor vehicles shall be parked in the parking lot and are not allowed in the beach or field areas. Town of Lyme Resident stickers are required.

D. No alcoholic beverages are allowed at the beach, on the courts or on the playing field. Persons bringing or consuming alcoholic beverages in these areas will be required to leave and may be prosecuted for violation of this Ordinance

E. All domestic animals (with the exception of service animals) are to be kept on the road or in the parking lot and are not allowed in the Chase Beach, Memorial Field, basketball court, and/or tennis court areas.

F. No camping and/or overnight activities are permitted in the Recreation Facilities.

G. Removal of all litter and trash is the responsibility of individuals using the Recreation Facilities. All Lyme Recreation Facilities are “carry in - carry out”.

H. Vendors, peddlers or any other commercial use of the Recreation Facilities are not allowed without prior written permission of the Recreation Commission.

I. No fires of any kind are allowed in the Recreation Facilities except in a raised barbecue grill.

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Section 2.1: Chase Beach Regulations:

All persons in the Chase Beach recreation area or in the designated swimming area shall at all times follow the regulations:

The area is a swim at your own risk facility. The absence of life guards does not negate the requirement to follow the regulations. The presence or absence of life guards does not negate the responsibility of the adult to oversee the safety of their children and guests.

- A. Children 12 years of age and younger must be accompanied by a supervising adult at all times.
- B. No floats of any kind are allowed.
- C. Life jackets, water wings or similar swimming aids are allowed only in the shallow roped off area.
- D. Running on, diving from, or swimming under the docks is not permitted.
- E. The area enclosed by the floating rope barriers shall be entered only from the beach area.
- F. No boats, canoes, kayaks, paddle boards or similar water craft of any kind are permitted within 25 feet of the designated roped off swimming area. Boats, canoes, kayaks, paddle boards or similar water craft may not come ashore onto Chase Beach or within 25 feet of Chase Beach, or be launched from Chase Beach or within 25 feet of Chase Beach.
- G. Fishing is not permitted from within 25 feet of the beach area.
- H. Swimming in disposable diapers or bare bottoms or without proper attire is not permitted.
- I. Use of the beach and swimming area may be restricted at designated times for authorized Recreation Commission programs such as swimming instructions or courses in water safety.